

TIMED AGENDA

:00	Myth 1: Low Vehicle Damage Crashes vs. Activities of Daily Living
:21	Myth 2 & 3: Everyone Recovers in 6–12 Weeks & 5 mph is the Threshold for Injury
:45	Myth 4 & 5: Whiplash is Psychological & The Bumper Game
:58	Myth 6 & Myth 7: My Foot Slipped Off the Brake & A TBI Is Not possible in a Low-Speed Crash
1:19	Myth 8 Myth 9: NASS Can Determine Injury Risk & 50% of Asymptomatic People have a Disc Herniation
1:27	Myth 10 Myth 11: Pre-existing Spondylosis (Disc Degeneration) = Pain & Lumbar Spine is Protected by the Seat Back.
1:42	End
TOTAL MINUTES: 102 MINUTES	

EDUCATIONAL MATERIALS

Croft, Arthur. (2019) *Myths and Legends* PowerPoint, (74 Slides)

TRIAL GUIDES COURSE NO. 190602P02

DESCRIPTION

Myths and Legends that Never Die features one of the world's leading authorities on traumatic injuries—epidemiologist, doctor, and crash reconstructionist Dr. Arthur Croft. The material in this presentation provides lawyers with cutting-edge information on the research behind motor-vehicle collisions and the traumatic injuries that result from them. In this video Croft provides the facts needed to dispel commonly held beliefs that may harm your case.

This program will cover:

- Myth 1: Low Vehicle Damage Crashes vs. Activities of Daily Living
- Myth 2: Everyone Recovers in 6–12 Weeks
- Myth 3: 5 mph is the Threshold for Injury
- Myth 4: Whiplash Is Psychological
- Myth 5: The Bumper Game
- Myth 6: “My Foot Slipped Off the Brake”
- Myth 7: A TBI Is Not possible in a Low-Speed Crash
- Myth 8: NASS Can Determine Injury Risk
- Myth 9: 50 Percent of Asymptomatic People Have a Disc Herniation
- Waddell’s Sign Is Unreliable
- Myth 10: Pre-Existing Spondylosis (Disc Degeneration) = Pain
- Myth 11: Lumbar Spine Is Protected by the Seat Back
- Overview for Cross-Examination of Defense Witnesses

PRESENTER

DR. ARTHUR C. CROFT, PH.D, D.C., M.Sc., M.P.H., F.A.C.O.

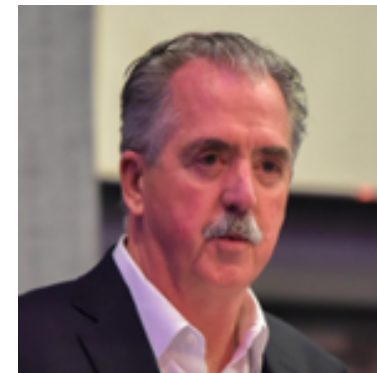
- Director, Spine Research Institute of San Diego
- Grant Proposal Reviewer, National Institutes of Health
- Co-Author, **Whiplash Injuries: The Cervical Acceleration/Deceleration Syndrome**
- Board Certified, American Board of Chiropractic Orthopaedists
- Certified in Traffic Accident Reconstruction, Northwestern University's Traffic Institute
- Former Medical Officer and underwater search and recovery diver for San Diego Sheriff's office

Dr. Arthur Croft coauthored the first textbook on whiplash, *Whiplash Injuries: The Cervical Acceleration/Deceleration Syndrome*. He has written or contributed to sixteen textbooks, and he is the author or co-author of more than 350 professional papers on whiplash and other medical topics. He is a Doctor of Chiropractic, is board certified in orthopaedics (American Board of Chiropractic Orthopaedists), and is certified in traffic accident reconstruction (Northwestern University's Traffic Institute).

Dr. Croft is a grant proposal reviewer at the National Institutes of Health (NIH), and has worked on several research projects at the RAND Corporation. Dr. Croft serves in an editorial and/or manuscript reviewer capacity for the *Society of Automotive Engineers (SAE)*; *Journal of Forensic and Legal Medicine*; *Journal of Chiropractic Medicine*; *Journal of Whiplash Related Disorders*; *Journal of Manipulative and Physiological Therapeutics*; *Journal of Musculoskeletal Pain*; *Journal of the American Chiropractic Association*; and the journals *Spine*, *Accident Analysis & Prevention*, and *Archives of Physical Medicine & Rehabilitation*.

He received an Emmy nomination in 1991 from the National Academy of Television Arts and Sciences for his role in the production *Whiplash*.

He lectures extensively in the United States and abroad and teaches an award-winning four-module program on traumatic injuries caused by auto accidents.

**WEBSITES**

<http://www.srisd.com/speakers.htm>

LINKEDIN

<https://www.linkedin.com/in/arthur-croft-90409415/>

TRIAL GUIDES

<https://www.trialguides.com/blogs/authors/arthur-c-croft>

NOTABLE AWARDS/HONORS

- Chiropractor of the Century, 1895–1995, San Diego Society of the California Chiropractic Association
- Distinguished Service Award, Pennsylvania Chiropractic Society (1992)
- Educational Excellence Award, Florida Chiropractic Association (1992)
- Emmy Nomination, 1991 for *Whiplash*
- Third Place, Scientific Papers Award (1987)
- First place, Scientific Papers Award (1984)